

East Greenbush Central School Breakfast & Lunch Menu

	St. Mary's & (Wednesday only) Genet Child Care	NOVEMBER GCC			
	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	<u>A Students</u>	<u>B Students</u>	<u>Virtual Learning</u>	<u>A Students</u>	<u>B Students</u>
B r e a k f a s t	Cinnamon Bun	Lender's Bagel	Assorted Cereal	Vanilla Yogurt 6oz	Mini Waffles
	Individually Wrapped	Served with 1oz cream cheese	1oz cheese stick	Nature Valley Granola Bar	Maple or Blueberry
	100% Juice cup	100% Juice cup	100% Juice cup	100% Juice cup	100% Juice cup
	Fresh Fruit or Light Fruit Cup	Fresh Fruit or Light Fruit Cup	Fresh Fruit or Light Fruit Cup	Fresh Fruit or Light Fruit Cup	Fresh Fruit or Light Fruit Cup
	Low Fat or Fat Free Milk	Low Fat or Fat Free Milk	Low Fat or Fat Free Milk	Low Fat or Fat Free Milk	Low Fat or Fat Free Milk
L u n c h	Italian Mix Sandwich	Pepperoni Pizza Lunchable	Turkey & Cheese Sandwich	Bologna & Cheese Sandwich	Ham & Cheese Roll-ups
	Ham, Salami & Cheese	Cheese, Sauce, Pepperoni	Whole grain sun chips	Cucumber Wheels	Bagged Chips
	Celery & Carrot sticks	Broccoli Florets	Good for you veggie bag	Pickle Chips	Confetti corn salad
	Fresh Fruit/Light Fruit Cup	Fresh Fruit/Light Fruit Cup	Fresh Fruit/Light Fruit Cup	Fresh Fruit/Light Fruit Cup	Fresh Fruit/Light Fruit Cup
	Low Fat or Fat Free Milk	Low Fat or Fat Free Milk	Low Fat or Fat Free Milk	Low Fat or Fat Free Milk	Low Fat or Fat Free Milk
	Menu Subject to Change				
	<i>This institution is an equal opportunity provider and employer</i>				
	www.egcsd.org/food-services				